Department of Health and Human Services

Substance Abuse and Mental Health Services Administration

Cooperative Agreements to Implement Zero Suicide in Health Systems

(Short Title: Zero Suicide)

(Modified Announcement)

Funding Opportunity Announcement (FOA) No. SM-17-006

Catalogue of Federal Domestic Assistance (CFDA) No.: 93.243

PART 1: Programmatic Guidance

Note to Applicants: This document MUST be used in conjunction with SAMHSA's "Funding Opportunity Announcement (FOA) PART II: Administrative and Application Submission Requirements for Discretionary Grants and Cooperative Agreements". PART I is individually tailored for each FOA. PART II includes requirements that are common to all SAMHSA FOAs. You MUST use both documents in preparing your application.

Key Dates:

Application Deadline	Applications are due by July 18, 2017.
Intergovernmental Review (E.O. 12372)	Applicants must comply with E.O. 12372 if their state(s) participate(s). Review process recommendations from the State Single Point of Contact (SPOC) are due no later than 60 days after application deadline.
Public Health System Impact Statement (PHSIS)/Single State Agency Coordination	Applicants must send the PHSIS to appropriate state and local health agencies by the application deadline. Comments from the Single State Agency are due no later than 60 days after the application deadline.

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EXECUTIVE SUMMARY

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2017 Cooperative Agreements to Implement Zero Suicide in Health Systems (Short Title: Zero Suicide). The Zero Suicide model is a comprehensive, multi-setting approach to suicide prevention in health systems. The purpose of this program is to implement suicide prevention and intervention programs, for individuals who are 25 years of age or older, that are designed to raise awareness of suicide, establish referral processes, and improve care and outcomes for such individuals who are at risk for suicide. Grantees will implement the Zero Suicide model throughout their health system. Health systems that do not provide direct care services may partner with agencies that can implement the Zero Suicide model. For communities without well-developed behavioral health care services, the Zero Suicide model may be implemented in Federally Qualified Health Centers or other primary care settings.

Funding Opportunity Title:	Cooperative Agreements to Implement Zero Suicide in Health Systems
Funding Opportunity Number:	SM-17-006
Due Date for Applications:	July 18, 2017
Anticipated Total Available Funding:	\$7.9 million (\$2 million for tribes and tribal organizations)
Estimated Number of Awards:	Up to 13
Estimated Award Amount:	Up to \$700,000 per year for states, the District of Columbia, and U.S. Territories. Up to \$400,000 per year for tribes and tribal organizations; community-based primary care or behavioral health care organizations; emergency departments; and local public health agencies.
Cost Sharing/Match Required	No
Length of Project Period:	Up to 5 years

Eligible Applicants:	States, the District of Columbia, or U.S.
	Territories health agencies with mental
	and/or behavioral health functions; an
	Indian tribe or tribal organization (the
	term 'Indian tribe' and 'tribal
	organization' as defined in Section 4 of
	the Indian Self-Determination and
	Education Assistance Act; community-
	based primary care or behavioral health
	care organizations; emergency
	departments; local public health
	agencies.

[See <u>Section III-1</u> of this FOA for complete eligibility information.]

Be sure to check the SAMHSA website periodically for any updates on this program.

IMPORTANT APPLICATION INFORMATION: SAMHSA's application procedures have changed. All applicants must register with NIH's eRA Commons in order to submit an application. This process takes up to six weeks. If you believe you are interested in applying for this opportunity, you MUST start the registration process immediately. Do not wait to start this process. SAMHSA will not be able to accept applications from applicants that do not complete the registration process. No exceptions will be made. Applicants also must register with the System for Award Management (SAM) and Grants.gov (see PART II: Section I-1 and Section II-1 for all registration requirements). Due to the new registration and application requirements, it is strongly recommended that applicants start the registration process six (6) weeks in advance of the application due date.

I. FUNDING OPPORTUNITY DESCRIPTION

1. PURPOSE

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMHS), is accepting applications for fiscal year (FY) 2017 Cooperative Agreements to Implement Zero Suicide in Health Systems (Short Title: Zero Suicide). The Zero Suicide model is a comprehensive, multi-setting approach to suicide prevention in health systems. The purpose of this program is to implement suicide prevention and intervention programs, for individuals who are 25 years of age or older, that are designed to raise awareness of suicide, establish referral processes, and improve care and outcomes for such individuals who are at risk for suicide. Grantees will implement the Zero Suicide model throughout their health system. Health systems that do not provide direct care services may partner with agencies that can implement the Zero Suicide model. For communities without well-developed behavioral health care services, the Zero Suicide model may be implemented in Federally Qualified Health Centers or other primary care settings.

The Zero Suicide model has seven essential elements of suicide care:

- Lead Create a leadership-driven, safety-oriented culture committed to dramatically reducing suicide among people under care. Include survivors of suicide attempts and suicide loss in leadership and planning roles;
- **Train** Develop a competent, confident, and caring workforce;
- Identify Systematically identify and assess suicide risk among people receiving care;

- Engage Ensure every individual has a pathway to care that is both timely and adequate to meet his or her needs. Include collaborative safety planning and restriction of lethal means;
- Treat Use effective, evidence-based treatments that directly target suicidal thoughts and behaviors;
- Transition Provide continuous contact and support, especially after acute care;
 and
- Improve Apply a data-driven, quality improvement approach to inform system changes that will lead to improved patient outcomes and better care for those at risk.

By addressing all elements of the Zero Suicide model, health care providers will transform their health system to one that is ready to identify, treat, refer, and ensure continuity of care for individuals at risk for suicide and suicidal behaviors.

Zero Suicide is one of SAMHSA's services grant programs. SAMHSA intends that its services grants result in the delivery of services as soon as possible after award. Service delivery should begin by the fourth month of the project <u>at the latest</u>.

Zero Suicide is part of the Prevention of Substance Abuse and Mental Illness Strategic Initiative, which aims to support communities where individuals, families, schools, faith-based organizations, and workplaces take action to promote emotional health and reduce the likelihood of mental disorders, suicide, and substance abuse (including tobacco use).

Zero Suicide Cooperative Agreements are authorized under section 520 L of the Public Health Service Act, as amended. This announcement addresses Healthy People 2020 Mental Health and Mental Disorders Topic Area HP 2020-MHMD and/or Substance Abuse Topic Area HP 2020-SA.

NOTE: SAMHSA released FY 2017 Funding Opportunity Announcement SM-17-007 addressing suicide prevention entitled "Cooperative Agreements to Implement the National Strategy for Suicide Prevention (Short title: National Strategy Grants)" (SM-17-007). Applicants who have submitted an application for National Strategy Grants may also apply for a Zero Suicide grant. However, an applicant organization may only receive one award: either a National Strategy grant or a Zero Suicide grant. If both applications are in the fundable range, applicants will receive the Zero Suicide award.

2. EXPECTATIONS

The Zero Suicide model is a key concept within the 2012 National Strategy for Suicide Prevention (NSSP), a priority of the National Action Alliance for Suicide Prevention. SAMHSA expects grantees to implement the Zero Suicide model to reduce suicide and suicidal behaviors within their treatment settings. Applicants must implement all seven elements of the Zero Suicide model in their health system.

Applicants are encouraged to visit

https://www.surgeongeneral.gov/library/reports/national-strategy-suicideprevention/full_report-rev.pdf to access a copy of the 2012 National Strategy and http://zerosuicide.sprc.org to review the Zero Suicide strategies and tools required for this grant program.

The key staff for this program will be the Project Director and Evaluator.

Required Activities:

These are the activities that every grant-funded project is expected to include. Be sure that these required activities are reflected in the project narrative in Section V.

You must use SAMHSA's services grant funds primarily to support direct services. This includes the following activities:

- Screen all individuals receiving care for suicidal thoughts and behaviors.
 Conduct a comprehensive risk assessment of individuals identified at risk for suicide, and ensure reassessment as appropriate.
- Implement effective, evidence-based treatments that specifically treat suicidal ideation and behaviors. Clinical staff must be trained to provide direct treatment in suicide prevention and evaluate individual outcomes throughout the treatment process.
- Transform health systems to include a leadership-driven, safety-oriented culture committed to dramatically reducing suicide among people under care, and to accept and embed the Zero Suicide model within their agencies.
- Train the health care workforce in suicide prevention evidence-based, bestpractice services relevant to their position, including the identification, assessment, management and treatment, and evaluation of individuals throughout the overall process.

- Ensure that the most appropriate, least restrictive treatment and support is provided, including brief intervention and follow-up from crisis, respite and residential care, and partial or full hospitalization.
- Develop a Suicide Care Management Plan for every individual identified as atrisk of suicide and continuously monitor the individual's progress through their
 electronic health record (EHR) or other data management system, and adjust
 treatment as necessary. The Suicide Care Management Plan must include the
 following:
 - Protocols for safety planning and reducing access to lethal means;
 - Rapid follow-up of adults who have attempted suicide or experienced a suicidal crisis after being discharged from a treatment facility e.g., local emergency departments, inpatient psychiatric facilities, including direct linkage with appropriate health care agencies to ensure coordinated care services are in place.
 - Protocols to ensure client safety, especially among high-risk adults in healthcare systems who have attempted suicide, experienced a suicidal crisis, and/or have a serious mental illness. This must include outreach telephone contact within 24 to 48 hours after discharge and securing an appointment within 1 week of discharge.
- Work with Veterans Health Administration (VHA) and community-based outpatient clinics, state department of veteran affairs, and national SAMHSA and Veterans Administration (VA) suicide prevention resources to engage and intervene with veterans at risk for suicide but not currently receiving VA services. This includes veterans contacting local Lifeline crisis centers, sub-acute crisis services, and community emergency departments.
- Develop and implement a plan that assures attention to preventing suicide among those receiving treatment for serious mental illness (SMI), such as bipolar disorder and schizophrenia, and for services designed for those with SMI, such as assertive community treatment and assisted outpatient treatment.
- For State applicants, ensure that at least 70 percent of the Suicide Prevention Lifeline calls are answered by a Suicide Prevention Lifeline Crisis center within the state from which the call originated, excluding callers who press "1" to be connected to the Veterans Crisis Line.
- Ensure feedback and leadership of survivors of suicide attempts and suicide loss are involved in all required activities.

Other Expectations:

Applicants should consult with their State Medicaid office regarding the sustainability of Zero Suicide activities, particularly care transition services.

If your application is funded, you will be expected to develop a behavioral health disparities impact statement no later than 60 days after your award. (See PART II: Appendix E, Addressing Behavioral Health Disparities.)

Although people with behavioral health conditions represent about 25 percent of the U.S. adult population, these individuals account for nearly 40 percent¹ of all cigarettes smoked and can experience serious health consequences². A growing body of research shows that quitting smoking can improve mental health and addiction recovery outcomes. Research shows that many smokers with behavioral health conditions want to quit, can quit, and benefit from proven smoking cessation treatments. SAMHSA strongly encourages all grantees to adopt a tobacco-free facility/grounds policy and to promote abstinence from all tobacco products (except in regard to accepted tribal traditions and practices).

Grantees must utilize third party and other revenue realized from provision of services to the extent possible and use SAMHSA grant funds only for services to individuals who are not covered by public or commercial health insurance programs, individuals for whom coverage has been formally determined to be unaffordable, or for services that are not sufficiently covered by an individual's health insurance plan. Grantees should also consider other systems from which a potential service recipient may be eligible for services (e.g., the Veterans Health Administration or senior services), if appropriate for and desired by that individual to meet his/her needs. In addition, grantees are required to implement policies and procedures that ensure other sources of funding are utilized first when available for that individual.

Recovery from mental and/or substance use disorders has been identified as a primary goal for behavioral health care. SAMHSA's Recovery Support Strategic Initiative is leading efforts to advance the understanding of recovery and ensure that vital recovery supports and services are available and accessible to all who need and want them.

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¹ Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. (March 20, 2013). *The NSDUH Report: Adults with Mental Illness or Substance Use Disorder Account for 40 Percent of All Cigarettes Smoked.* Rockville, MD. http://media.samhsa.gov/data/spotlight/spot104-cigarettes-mental-illness-substance-use-disorder.pdf

² U.S. Department of Health and Human Services. *The Health Consequences of Smoking: 50 Years of Progress. A Report of the Surgeon General.* Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

Building on research, practice, and the lived experiences of individuals in recovery from mental and/or substance use disorders, SAMHSA has developed the following working definition of recovery: *A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.* See http://store.samhsa.gov/product/SAMHSA-s-Working-Definition-of-Recovery/PEP12-RECDEF for further information, including the four dimensions of recovery, and 10 guiding principles. Programs and services that incorporate a recovery approach fully involve people with lived experience (including consumers/peers/people in recovery, youth, and family members) in program/service design, development, implementation, and evaluation.

SAMHSA's standard, unified working definition of recovery is intended to advance recovery opportunities for all Americans and to help clarify these concepts for peers/persons in recovery, families, funders, providers and others. The definition is to be used to assist in the planning, delivery, financing, and evaluation of behavioral health services. SAMHSA grantees are expected to integrate the definition and principles of recovery into their programs to the greatest extent possible.

SAMHSA encourages all grantees to address the behavioral health needs of returning veterans and their families in designing and developing their programs and to consider prioritizing this population for services, where appropriate. SAMHSA will encourage its grantees to utilize and provide technical assistance regarding locally-customized web portals that assist veterans and their families with finding behavioral health treatment and support.

2.1 Using Evidence-Based Practices

SAMHSA's services grants are intended to fund services or practices that have a demonstrated evidence base and that are appropriate for the population(s) of focus. An evidence-based practice (EBP) refers to approaches to prevention or treatment that are validated by some form of documented research evidence. The Zero Suicide model has been developed as an overarching framework for the systematic application of evidence-based suicide prevention practices in health care. However, SAMHSA recognizes that EBPs have not been developed for all populations and/or service settings. See Appendix A of this document for additional information about using EBPs. In Section C of your project narrative, you will need to:

 Identify the evidence-based practice(s) you propose to implement for individuals in partnering agencies. If an EBP does not exist/apply for your program/population(s) of focus, describe the service/practice you plan to implement as an appropriate alternative. Selected EBPs should directly impact all seven required elements of the Zero Suicide model.

- If you are proposing to use more than one evidence-based practice, describe which elements of the Zero Suicide model each EBP will include and their potential outcomes.
- Discuss the population(s) for which the practice(s) has (have) been shown to be
 effective and show that it (they) is (are) appropriate for <u>your</u> population(s) of
 focus. Indicate whether/how the EBP will be adapted for each partnering agency
 and the individuals served. SAMHSA encourages you to consult with an expert
 or the program developer to complete any modifications to the chosen EBPs.
 This is especially important when adapting EBPs for specific underserved
 populations for whom there are fewer EBPs.

In selecting an EBP, be mindful of how your choice of an EBP or practice may impact disparities in service access, use, and outcomes for your population(s) of focus. While this is important in providing services to all populations, it is especially critical for those working with underserved and minority populations.

[Note: See PART II: Appendix C - Standard Funding Restrictions, regarding allowable costs for EBPs.]

2.2 Data Collection and Performance Measurement

All SAMHSA grantees are required to collect and report certain data so that SAMHSA can meet its obligations under the Government Performance and Results (GPRA) Modernization Act of 2010. You must document your ability to collect and report the required data in Section E: Data Collection and Performance Measurement of your application. Grantees will be required to report performance on the following performance measures:

- The number of people in the mental health and related workforce trained in mental health-related practices/activities that are consistent with the goals of the grant.
- The number of programs/organizations/communities that implemented specific mental-health related practices/activities that are consistent with the goals of the grant.
- The number of individuals screened for mental health or related interventions.
- The number of people receiving evidence-based mental health-related services as a result of the grant.
- The number and percentage of work group/advisory group/council members who are consumers/family members.

The number of individuals referred to mental health or related services.

For this grant program, data collection efforts around the above measures should be specific to suicide prevention.

This information will be gathered using a uniform data collection tool provided by SAMHSA. Grantees will be required to submit data via SAMHSA's Performance Accountability and Reporting System (SPARS); access will be provided upon award. An example of the type of data collection tool required can be found at https://spars.samhsa.gov/. Data will be collected quarterly. Grantees will be provided training and technical assistance.

The collection of these data will enable SAMHSA to report on key outcome measures relating to the grant program. In addition to these outcomes, data collected by grantees will be used to demonstrate how SAMHSA's grant programs are reducing disparities in access, service use, and outcomes nationwide.

In addition to the GPRA measures, grantees will be expected to report on progress made during monthly conference calls with your Government Project Officer, in annual performance reports, and in a final comprehensive report on overall grant activities. Reporting templates will be provided by your Government Project Officer (GPO).

You will also be expected to collect and report on the following:

- How did the activities of the grant affect suicide deaths and non-fatal suicide attempts within their system?
- How has the competence/confidence of the health care staff changed over the course of the grant?

Performance data will be reported to the public as part of SAMHSA's Congressional Justification.

2.3 Local Performance Assessment

Grantees must periodically review the performance data they report to SAMHSA (as required above), assess their progress, and use this information to improve management of their grant projects. The assessment should be designed to help you determine whether you are achieving the goals, objectives, and outcomes you intend to achieve and whether adjustments need to be made to your project. Performance assessments also should be used to determine whether your project is having/will have the intended impact on behavioral health disparities. You will be required to report on your progress achieved, barriers encountered, and efforts to overcome these barriers in a performance assessment report to be submitted at least annually. You will also be

required to participate in monthly conference calls with a GPO to discuss current progress as well as for review and feedback about performance assessments.

Grantees will also be asked to demonstrate the impact of grant activities by measuring the competence/confidence of health care clinical staff at the baseline, during the grant, and the grant's end. The impact of grant activities on skills in the following areas must be measured:

- Assessment of suicide risk and protective factors;
- Formulation of a risk summary to inform the choice of intervention;
- Use of best-practice interventions to ensure safety, including lethal means safety, treatment of suicide risk, and follow-up to ensure continuity of care;
- Suicide deaths and suicide attempts within the healthcare system.

At a minimum, your performance assessment should include the required performance measures identified above. You may also consider outcome and process questions, such as the following:

Outcome Questions:

- How has the embedding of Zero Suicide into the healthcare system impacted suicidal behavior for individuals receiving treatment?
- Did some elements of the Zero Suicide model have greater impact than other elements?
- What were the suicidal behavior outcomes, including deaths by suicide and suicide attempts, especially through EHR or data management systems?
- What individual factors were associated with outcomes, including race/ethnicity/sexual orientation/gender identity?
- How durable were the effects?

As appropriate, describe how the data, including outcome data, will be analyzed by racial/ethnic and sexual and gender minority groups or other demographic factors to ensure that appropriate populations are being served and that disparities in services and outcomes are minimized.

Process Questions:

How closely did implementation match the plan?

- What types of changes were made to the originally proposed plan?
- What types of changes were made to address disparities in access, service use, and outcomes across subpopulations, including the use of the National CLAS Standards?
- What led to the changes in the original plan?
- What effect did the changes have on the planned intervention and performance assessment?
- Who provided (program staff) what services (modality, type, intensity, duration), to whom (individual characteristics), in what context (system, community), and at what cost (facilities, personnel, dollars)?
- What strategies were used to assess and maintain fidelity to the Zero Suicide model over time?
- How many individuals experiencing suicidal behaviors were identified and treated through the program?

A review of the performance assessment will be included in required monthly calls with federal staff and may be requested as part of annual reporting requirements.

National Evaluation

In addition to SAMHSA program measures, grantees must collect and report findings for the national evaluation which will be conducted under a separate SAMHSA evaluation contract. The national evaluation will focus on demonstrating the impact of Zero Suicide on suicidal behavior among adults. Participation in the national evaluation is required.

To support implementation of the national evaluation, grantees will receive training and technical assistance from the SAMHSA Suicide Prevention Evaluation Contractor. Applicants will be expected to fully cooperate with the Suicide Prevention Evaluation Contractor. Participation in the national evaluation will likely entail participation in training visits, completing data reports/inventories, data entry, applying for and receiving Institutional Review Board Clearance (when appropriate), respondent identification and utilizing a Web-based database developed in consultation with the contractor. Data will be collected quarterly and must be entered into a Web system created by the national evaluation contractor and/or included in written progress reports.

SAMHSA is interested in assessing the extent to which strategies employed by grantees are consistent with the Zero Suicide model, assessing the feasibility of implementing the Zero Suicide model in real world settings, and determining the

outcomes associated with implementation. Enhanced evaluation questions may also be required of grantees to address these key evaluation goals.

No more than 20 percent of the total grant award may be used for data collection, evaluation, performance measurement, and performance assessment, e.g., activities required in Sections I-2.2 and 2.3 above.

2.4 Infrastructure Development (maximum 15 percent of total grant award)

Although services grant funds must be used primarily for direct services, SAMHSA recognizes that infrastructure changes may be needed to implement the services or improve their effectiveness. You may use no more than 15 percent of the total services grant award for the following types of infrastructure development, if necessary, to support the direct service expansion of the grant project, and describe your use of grant funds for these activities in <u>Section B</u>-13 of the Project Narrative.

- Developing partnerships with other service providers for service delivery.
- Adopting and/or enhancing your computer system, management information system (MIS), electronic health records (EHRs), etc., to document and manage client needs, care process, integration with related support services, and outcomes.
- Training/workforce development to help your staff or other providers in the community identify mental health or substance abuse issues or provide effective services consistent with the purpose of the grant program.
- Developing policy(ies) to support needed service system improvements (e.g., rate-setting activities, establishment of standards of care, adherence to the National Standards for Culturally and Linguistically Appropriate Services (CLAS) in Health and Health Care, development/revision of credentialing, licensure, or accreditation requirements).³

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³ For purposes of this FOA, "policy" refers to programs and guidelines adopted and implemented by institutions, organizations and others to inform and establish practices and decisions and to achieve organizational goals. Policy efforts do not include activities designed to influence the enactment of legislation, appropriations, regulations, administrative actions, or Executive Orders ("legislation and other orders") proposed or pending before the Congress or any State government, State legislature or local legislature or legislative body, and awardees may not use federal funds for such activities. This restriction extends to both grass-roots lobbying efforts and direct lobbying. However, for state, local, and other governmental grantees, certain activities falling within the normal and recognized executive-legislative relationships or participation by an agency or officer of a state, local, or tribal government in policymaking and administrative processes within the executive branch of that government are not considered impermissible lobbying activities and may be supported by federal funds.

2.5 Grantee Meetings

Grantees must plan to send a minimum of two people (Project Director and Evaluator) to at least one joint grantee meeting in every other year of the grant. For this grant, meetings will likely be held in years one and three. You must include a detailed budget and narrative for this travel in your budget. At these meetings, grantees will present the results of their projects and federal staff will provide technical assistance. Each meeting will be up to three days. These meetings are usually held in the Washington, D.C., area and attendance is mandatory.

II. AWARD INFORMATION

Funding Mechanism: Cooperative Agreement

Anticipated Total Available Funding: \$7.9 million (\$2 million for American

Indian/Alaskan Native populations).

Estimated Number of Awards: 13

Estimated Award Amount: Up to \$700,000 per year for states, the District

of Columbia, and U.S. Territories. Up to \$400,000 per year for an Indian tribe or tribal organization, a community-based primary care or behavioral health care organization, an emergency department, or a local public health

agency.

Length of Project Period: Up to 5 years

Proposed budgets cannot exceed \$700,000 per year for states, the District of Columbia, and U.S. Territories; and, up to \$400,000 per year for an Indian tribe or tribal organization, a community-based primary care or behavioral health care organization, an emergency department, or a local public health agency; in total costs (direct and indirect) in any year of the proposed project.

Annual continuation awards will depend on the availability of funds, grantee progress in meeting project goals and objectives, timely submission of required data and reports, and compliance with all terms and conditions of award.

Cooperative Agreement

These awards are being made as cooperative agreements because they require substantial post-award federal programmatic participation in the conduct of the project. Under this cooperative agreement, the roles and responsibilities of grantees and SAMHSA staff are:

Role of Grantee:

The role of the grantee is to comply with the terms of the award and all cooperative agreement rules and regulations, and satisfactorily perform activities to achieve the goals described below:

- Seek SAMHSA approval for key positions to be filled. Key positions include, but are not limited to, the Project Director and Evaluator.
- Consult and accept guidance from SAMHSA staff on performance of programmatic and data collection activities to achieve the goals of the cooperative agreement.
- Maintain ongoing communication with SAMHSA, including a minimum of one call per month, keeping federal program staff informed of emerging issues, developments, and problems as appropriate.
- Include your Government Project Officer (GPO) on policy, steering, advisory, or other task forces.
- Maintain ongoing collaboration with the SAMHSA Evaluation contractor, the Suicide Prevention Resource Center, and the National Suicide Prevention Lifeline.
- Provide required documentation for monthly and annual reporting and data surveillance around suicidal behavior in selected health and behavioral healthcare systems.

Role of SAMHSA Staff:

- Approve proposed key positions/personnel.
- Facilitate linkages to other SAMHSA/federal government resources and help grantees access appropriate technical assistance.
- Assure that the grantee's projects are responsive to SAMHSA's mission, specifically the implementation of Zero Suicide and in line with the 2012 National Strategy for Suicide Prevention.

- Coordinate cross-site evaluation participation in grantee and staff required monitoring conference calls
- Promote collaboration with other SAMHSA and federal health and behavioral health initiatives, including the Community Mental Health and the Substance Abuse Prevention and Treatment Block Grant programs as well as the National Action Alliance for Suicide Prevention, the National Suicide Prevention Lifeline, and the Suicide Prevention Resource Center.
- Provide technical assistance on sustainability issues.

III. ELIGIBILITY INFORMATION

1. ELIGIBLE APPLICANTS

Eligible applicants are statutorily limited to:

- States, District of Columbia, and U.S. Territories health agencies with mental health and/or behavioral health functions;
- Indian tribe or tribal organization (the term 'Indian tribe' and 'tribal organization'
 are defined in section 4 of the Indian Self-Determination and Education
 Assistance Act.);
- Community-based primary care or behavioral health care organizations;
- Emergency departments; or
- Local public health agencies.

A tribe, as defined at 25 U.S.C. § 1603(14), refers to any Indian tribe, band, nation, or other organized group or community, including any Alaska Native village or group or regional or village corporation as defined in or established pursuant to the Alaska Native Claims Settlement Act (85 Stat. 688) [43 U.S.C.A. § 1601 et seq.], which is recognized as eligible for the special programs and services provided by the United States to Indians because of their status as Indians.

A tribal organization, as defined at 25 U.S.C. § 1603(26), is the recognized governing body of any Indian tribe; any legally established organization of Indians which is controlled, sanctioned, or chartered by such governing body or which is democratically elected by the adult members of the Indian community to be served by such organization and which includes the maximum participation of Indians in all phases of its activities: Provided, That in any case where a contract is let or grant made to an organization to perform services benefiting more than one Indian tribe, the approval of

each such Indian tribe shall be a prerequisite to the letting or making of such contract or grant.

Note: SAMHSA released FY 2017 Funding Opportunity Announcement SM-17-007 addressing suicide prevention entitled "Cooperative Agreements to Implement the National Strategy for Suicide Prevention (Short title: National Strategy Grants)". Applicants who have submitted an application for National Strategy Grants may also apply for a Zero Suicide grant. However, an applicant organization may only receive one award: either a National Strategy grant or a Zero Suicide grant. If both applications are in the fundable range, applicants will receive the Zero Suicide award.

2. COST SHARING and MATCH REQUIREMENTS

Cost sharing/match is not required in this program.

3. EVIDENCE OF EXPERIENCE AND CREDENTIALS

SAMHSA believes that only existing, experienced, and appropriately credentialed organizations with demonstrated infrastructure and expertise will be able to provide required services quickly and effectively. You must meet three additional requirements related to the provision of services.

The three requirements are:

- A provider organization for direct client (e.g., mental health, behavioral health) services appropriate to the grant must be involved in the proposed project. The provider may be the applicant or another organization committed to the project. More than one provider organization may be involved;
- Each health and behavioral healthcare organization must have at least two years' experience (as of the due date of the application) providing relevant services (official documents must establish that the organization has provided relevant services for the last two years); and
- Each health and behavioral healthcare organization must comply with all applicable local (city, county) and state licensing, accreditation, and certification requirements, as of the due date of the application.

[Note: The above requirements apply to all service provider organizations. A license from an individual clinician will not be accepted in lieu of a provider organization's license. Eligible tribes and tribal organization mental health/substance abuse treatment providers must comply with all applicable tribal licensing, accreditation, and certification requirements, as of the due date of the application. See Appendix B – Statement of Assurance.]

Following application review, if your application's score is within the fundable range, the GPO may contact you to request that additional documentation be sent by email, or to verify that the documentation you submitted is complete.

If the GPO does not receive this documentation within the time specified, your application will not be considered for an award.

IV. APPLICATION AND SUBMISSION INFORMATION

In addition to the application and submission language discussed in PART II: Sections I and II, you must include the following in your application:

1. ADDITIONAL REQUIRED APPLICATION COMPONENTS

- Budget Information Form Use SF-424A. Fill out all Sections of the SF-424A. Please note the following:
 - In Line #17 of the SF-424 please input the following information: (Proposed Project: a. Start Date: 9/30/2017; b. End Date: 9/29/2022).
 - Section A Budget Information Non-Construction Programs:
 Use the first row only (Line 1) to report the total federal funds and non-federal funds requested for the 1st year of your project only.
 - Section B Budget Categories: Use the first column only (Column 1) to report the budget category breakouts (Lines 6a through 6h) and indirect charges (Line 6j) for the total funding requested for the 1st year of your project only.
 - Section D Forecasted Cash Needs: Use the first column "Total for 1st Year" only to enter the amount requested (federal and nonfederal) for Year 1 of the project period
 - Section E Budget Estimates of Federal Funds Needed for Balance of the Project is for the amount requested for Year 2, Year 3, Year 4, and Year 5.
- A sample budget and justification is included in <u>Appendix D</u> of this document.
 It is highly recommended that you use the sample budget format in <u>Appendix D</u>. This will expedite review of your application.
- **Project Narrative and Supporting Documentation** The Project Narrative describes your project. It consists of Sections A through E. Sections A-E together may not be longer than 30 pages. (Remember that if your Project

Narrative starts on page 5 and ends on page 35, it is 31 pages long, not 30 pages.) More detailed instructions for completing each section of the Project Narrative are provided in <u>Section V</u> – Application Review Information of this document.

The Supporting Documentation section provides additional information necessary for the review of your application. This supporting documentation must be attached to your application using the Other Attachments Form from the Grants.gov application package. Additional instructions for completing these sections and page limitations for Biographical Sketches/Position Descriptions are included in PART II: Section II-3.1, Required Application Components, and Appendix D, Biographical Sketches and Position Descriptions. Supporting documentation should be submitted in black and white (no color).

- Budget Justification and Narrative The budget justification and narrative must be submitted as file BNF when you submit your application into Grants.gov. (See PART II: SectionII-3.1, Required Application Components.)
- Attachments 1 through 4 Use only the attachments listed below. If your application includes any attachments not required in this document, they will be disregarded. Do not use more than a total of 30 pages for Attachments 1, 3 and 4 combined. There are no page limitations for Attachments 2. Do not use attachments to extend or replace any of the sections of the Project Narrative. Reviewers will not consider them if you do. Please label the attachments as: Attachment 1, Attachment 2, etc. Use the Other Attachments Form from Grants.gov to upload the attachments.
 - Attachment 1: (1) Identification of at least one experienced, licensed mental health/behavioral health services treatment provider organization; (2) a list of all direct service provider organizations that have agreed to participate in the proposed project, including the applicant agency, if it is a treatment or prevention service provider organization; (3) letters of commitment from these direct service provider organizations. Do not include any letters of support. Reviewers will not consider them if you do. (4) the Statement of Assurance (provided in Appendix B of this announcement) signed by the authorized representative of the applicant organization identified on the first page (SF-424) of the application, that assures SAMHSA that all listed providers meet the two-year experience requirement, are appropriately licensed, accredited and certified, and that if the application is within the funding range for an award, the applicant will send the GPO the required documentation within the specified time.

- Attachment 2: Data Collection Instruments/Interview Protocols if you are using standardized data collection instruments/interview protocols, you do not need to include these in your application. Instead, provide a web link to the appropriate instrument/protocol. If the data collection instrument(s) or interview protocol(s) is/are not standardized, you must include a copy in Attachment 2.
- Attachment 3: Sample Consent Forms
- Attachment 4: Letter to the SSA (if applicable; see PART II: Appendix B, Intergovernmental Review (E.O. 12372) Requirements).

2. APPLICATION SUBMISSION REQUIREMENTS

Applications are due by 11:59 PM (Eastern Time) on July 18, 2017.

IMPORTANT APPLICATION INFORMATION: SAMHSA's application procedures have changed. All applicants must register with NIH's eRA Commons in order to submit an application. This process takes up to six weeks. If you believe you are interested in applying for this opportunity, you MUST start the registration process immediately. Do not wait to start this process. SAMHSA will not be able to accept applications from applicants that do not complete the registration process. No exceptions will be made. Applicants also must register with the System for Award Management (SAM) and Grants.gov (see PART II: Section I-1 and Section II-1 for all registration requirements). Due to the new registration and application requirements, it is strongly recommended that applicants start the registration process six (6) weeks in advance of the application due date.

3. FUNDING LIMITATIONS/RESTRICTIONS

- No more than 15 percent of the total grant award may be used for developing the infrastructure necessary for expansion of services.
- No more than 20 percent of the total grant award may be used for data collection, evaluation, performance measurement, and performance assessment, including incentives for participating in the required data collection follow-up.

Be sure to identify the infrastructure and data collection, evaluation, performance measurement and performance assessment expenses in your proposed budget.

SAMHSA grantees also must comply with SAMHSA's standard funding restrictions, which are included in PART II: Appendix C, Standard Funding Restrictions.

4. INTERGOVERNMENTAL REVIEW (E.O. 12372) REQUIREMENTS

All SAMHSA grant programs are covered under Executive Order (EO) 12372, as implemented through Department of Health and Human Services (DHHS) regulation at 45 CFR Part 100. Under this Order, states may design their own processes for reviewing and commenting on proposed federal assistance under covered programs. See PART II: Appendix B for additional information on these requirements as well as requirements for the Public Health System Impact Statement.

V. APPLICATION REVIEW INFORMATION

1. EVALUATION CRITERIA

The Project Narrative describes what you intend to do with your project and includes the Evaluation Criteria in Sections A-E below. Your application will be reviewed and scored according to the quality of your response to the requirements in Sections A-E.

- In developing the Project Narrative section of your application, use these instructions, which have been tailored to this program.
- The Project Narrative (Sections A-E) together may be no longer than 30 pages.
- You must use the five sections/headings listed below in developing your Project Narrative. You <u>must</u> indicate the Section letter and number in your response, i.e., type "A-1", "A-2", etc., before your response to each question. You may not combine two or more questions or refer to another section of the Project Narrative in your response, such as indicating that the response for B.2 is in C.7. Only information included in the appropriate numbered question will be considered by reviewers. Your application will be scored according to how well you address the requirements for each section of the Project Narrative.
- The number of points after each heading is the maximum number of points a
 review committee may assign to that section of your Project Narrative. Although
 scoring weights are not assigned to individual bullets, each bullet is assessed in
 deriving the overall Section score.

Section A: Population of Focus and Statement of Need (15 points)

1. Identify the geographic catchment area and health system where the proposed project will be implemented. Provide a comprehensive demographic profile of the population(s) of focus (i.e., individuals served within the health system) in terms of race, ethnicity, federally recognized tribe (if applicable), language, sex, gender identity, sexual orientation, age, and socioeconomic status.

- 2. Discuss the prevalence of suicidal behavior (i.e., ideation, attempts, and deaths) within the population(s) of focus. Discuss any current limitations of data collection in the health system. In addition, discuss how the proposed project will address disparities in access, service use, and outcomes for the population(s) of focus.
- 3. Describe the nature of the problem, including service gaps in the health system, and document the extent of the need (i.e., current prevalence rates and incidence data) for the population(s) of focus identified in your response to evaluation criteria A.1. To the extent available, use local data to describe need and service gaps, supplemented with state, tribal and/or national data. Identify the source of the data.

Section B: Proposed Implementation Approach (30 points)

- Describe the purpose of the proposed project, including its goals and measureable objectives. These must relate to the intent of the FOA, the required activities, and the performance measures you identify in <u>Section E: Data</u> Collection and Performance Measurement.
- 2. Provide a chart or graph depicting a realistic time line for the entire 5 years of the project period, showing dates, key activities, and responsible staff. These key activities should include the requirements outlined in Section I-2: Expectations, including all components of the Zero Suicide model. [NOTE: Be sure to show that the project can be implemented and service delivery can begin as soon as possible and no later than four months after grant award. The time line should be part of the Project Narrative. It should not be placed in an attachment.]
- 3. Describe the implementation plan for all key activities in your timeline.
- 4. Discuss how each of the seven elements of the Zero Suicide model will be embedded within your health system.
- 5. Describe the protocols that will be implemented for:
 - a. Safety planning and reducing access to lethal means;
 - Rapid follow-up of adults who have attempted suicide or experienced a suicidal crisis after being discharged form a treatment facility, e.g., local emergency department, inpatient psychiatric facility, including direct linkage with appropriate healthcare agencies to ensure that coordinated care services are in place; and
 - c. Ensuring client safety, especially among high-risk adults in healthcare systems who have attempted suicide, experienced a suicidal crisis, and/or

have a serious mental illness. This must include outreach telephone contact within 24 to 48 hours after discharge and securing an appointment within 1 week of discharge.

- 6. Describe how you will screen all individuals receiving care for suicidal thoughts and behaviors, conduct a comprehensive assessment of individuals identified atrisk for suicide, develop and implement a Suicide Care Management Plan, and ensure reassessment as appropriate.
- 7. Discuss how you will ensure that the most appropriate, least restrictive treatment and support is provided, including brief intervention and follow-up from crisis, respite, residential care, and partial or full hospitalization.
- 8. If applicable, describe how you will work with the Veterans Health Administration, community-based outpatient clinics, and other agencies as specified in Section_I.2.Expectations to intervene with veterans at risk for suicide but not currently receiving VA services, including veterans contacting local Lifeline crisis centers, sub-acute crisis services, and community emergency departments.
- Describe how the proposed implementation plan will transform your health system and the people to be served, specifically the impact on suicide deaths and suicide attempts.
- 10. Describe how you will develop and implement a plan that assures attention to preventing suicide among those receiving treatment for serious mental illness (SMI), e.g., bipolar disorder, schizophrenia, and for services designed for those with SMI, such as assertive community treatment and assisted outpatient treatment.
- 11. If applicable, identify any additional organization(s) that will participate in the proposed project. Describe their specific roles and responsibilities. Demonstrate their commitment to the project by including Letters of Commitment from each in **Attachment 1** of your application.
- 12. Identify the unduplicated number of individuals that will be served (annually and over the entire project period) with grant funds, including the types and numbers of services to be provided and anticipated outcomes. Explain how you arrived at this number and how it is reasonable given your budget request. You are required to include the numbers to be served by race, ethnicity, gender (including transgender populations), and sexual orientation.
- 13. If you plan to use grant funds for infrastructure development, describe the infrastructure change(s) you plan to implement and how they will enhance/improve access, service use, and outcomes for the population of focus.

- If you do not plan to use grant funds for infrastructure development, indicate so in your response.
- 14. Describe how you will ensure the input of survivors of suicide attempts and suicide loss in assessing, planning and implementing your project.

Section C: Proposed Evidence-Based Service/Practice (25 points)

- 1. Describe the Evidence-Based Practice(s) (EBPs) related to suicide that will be used by clinical and non-clinical staff. Document how each selected EBP is appropriate for the outcomes you want to achieve and meets SAMHSA's goals for the program. Justify the use of each EBP for your population of focus. If an EBP does not exist or is not applicable for your program, fully describe the practice you plan to implement, explain why it is appropriate for the population of focus, and justify its use compared to an existing EBP.
- 2. Explain how your choice of an EBP or practice for each of the seven domains of Zero Suicide will transform your health system and address disparities in service access, use, and outcomes for your population(s) of focus. This includes identification, assessment, referral, and treatment of suicidal individuals.
- 3. Describe how you will train your health care workforce in suicide prevention evidence-based, best practice services relevant to their position, including the identification, assessment, management, treatment, and evaluation of individuals throughout the overall process.
- 4. Describe your plan to incorporate efforts to reduce access to lethal means among individuals with identified suicide risk and outline the EBP(s) and/or best practice(s) you plan to use. These efforts must be done within all appropriate federal, state, and local laws.
- 5. Explain how you will monitor the delivery of the EBPs to ensure that they are implemented with fidelity and according to the EBP guidelines.

Section D: Staff and Organizational Experience (10 points)

- Discuss the capability and experience of the applicant organization with similar projects and populations. Demonstrate that the applicant organization has the ability to influence and modify selected state, local, and/or tribal funded healthcare organizations.
- 2. If applicable, discuss the capability and experience of any partnering organizations with similar projects and populations. Demonstrate that these partnering organizations have linkages to the selected health systems.

- 3. Provide a complete list of staff positions for the project, including the Project Director and Evaluator, showing the role of each, their level of effort, and qualifications. Demonstrate successful project implementation for the level of effort budgeted for the Project Director and Evaluator.
- 4. Discuss how key staff members have both experience in suicide prevention and working with health systems. If key staff members are to be hired, discuss the credentials and experience the new staff must possess to work effectively with the population of focus.

Section E: Data Collection and Performance Measurement (20 points)

- Document your ability to collect and report on the required performance measures as specified in I-2.2 Data Collection and Performance Measurement of this FOA.
- Describe your specific plan for data collection, management, analysis, and reporting. The data collection plan must specify the staff person(s) responsible for tracking the measureable objectives that are identified in your response to evaluation criteria B.1.
- 3. Describe your plan for conducting the local performance assessment as specified in I.<u>2.3 Local Performance Assessment</u> of this FOA and document your ability to conduct the assessment.
- 4. Describe the quality improvement process that will be used to track whether your performance measures and objectives are being met, and how these data will inform the ongoing implementation of the project. Discuss how you will ensure fidelity to the Zero Suicide model over time and how you will address barriers to successful implementation if they occur.
- 5. Describe your plan for assessing the impact of the project on suicidal behavior of individuals within your health system.

Budget Justification, Existing Resources, Other Support (other federal and non-federal sources)

You must provide a narrative justification of the items included in your proposed budget, as well as a description of existing resources and other support you expect to receive for the proposed project. Other support is defined as funds or resources, whether federal, non-federal or institutional, in direct support of activities through fellowships, gifts, prizes, in-kind contributions, or non-federal means. (This should correspond to Item #18 on your SF-424, Estimated Funding.) Other sources of funds may be used for unallowable costs, e.g., meals, sporting events, entertainment.

An illustration of a budget and narrative justification is included in <u>Appendix D - Sample Budget and Justification</u>, of this document. It is highly recommended that you use the Sample Budget format in <u>Appendix D</u>. This will expedite review of your application.

Be sure your proposed budget reflects the funding limitations/restrictions specified in <u>Section IV-3</u>. **Specifically identify the items associated with these costs in your budget**.

The budget justification and narrative must be submitted as file BNF when you submit your application into Grants.gov. (See PART II: Section II-3.1, Required Application Components.)

REQUIRED SUPPORTING DOCUMENTATION

Section E: Biographical Sketches and Position Descriptions.

See PART II: Appendix D, Biographical Sketches and Job Descriptions, for instructions on completing this section.

Section F: Confidentiality and SAMHSA Participant Protection/Human Subjects

You must describe procedures relating to Confidentiality, Participant Protection, and the Protection of Human Subjects Regulations in Section F of your application. Failure to include these procedures will impact the review of your application. See Appendix C of this document for guidelines on these requirements.

2. REVIEW AND SELECTION PROCESS

SAMHSA applications are peer-reviewed according to the evaluation criteria listed above.

Decisions to fund a grant are based on:

- 1. The strengths and weaknesses of the application as identified by peer reviewers;
- 2. When the individual award is over \$150,000, approval by the CMHS National Advisory Council;
- 3. Availability of funds;
- 4. Equitable distribution of awards in terms of geography (including urban, rural and remote settings) and balance among populations of focus and program size; and
- 5. In accordance with 45 CFR 75.212, SAMHSA reserves the right not to make an award to an entity if that entity does not meet the minimum qualification

standards as described in section 75.205(a)(2). If SAMHSA chooses not to award a fundable application, SAMHSA must report that determination to the designated integrity and performance system accessible through the System for Award Management (SAM) [currently the Federal Awardee Performance and Integrity Information System (FAPIIS)].

VI. ADMINISTRATION INFORMATION

1. REPORTING REQUIREMENTS

In addition to the data reporting requirements listed in <u>Section I-2.2</u>, grantees must comply with the reporting requirements listed on the SAMHSA website at http://www.samhsa.gov/grants/grants-management/reporting-requirements.

VII. AGENCY CONTACTS

For questions about program issues contact:

James Wright, LCPC
Suicide Prevention Branch
Division of Prevention, Traumatic Stress, and Special Programs
Center for Mental Health Services
Substance Abuse and Mental Health Services Administration
5600 Fishers Lane, 14E85D
Rockville, Maryland 20857
(240) 276-1854
james.wright@samhsa.hhs.gov

For questions on grants management and budget issues contact:

Gwendolyn Simpson
Office of Financial Resources, Division of Grants Management
Substance Abuse and Mental Health Services Administration
(240) 276-1408
FOACMHS@samhsa.hhs.gov

Appendix A – Using Evidence-Based Practices (EBPs)

SAMHSA recognizes that EBPs have not been developed for all populations and/or service settings. For example, certain practices for American Indians/Alaska Natives, rural or isolated communities, or recent immigrant communities may not have been formally evaluated and, therefore, have a limited or nonexistent evidence base. In addition, other practices that have an established evidence base for certain populations or in certain settings may not have been formally evaluated with other subpopulations or within other settings. Applicants proposing to serve a population with a practice that has not been formally evaluated with that population are required to provide other forms of evidence that the practice(s) they propose is appropriate for the population(s) of focus. Evidence for these practices may include unpublished studies, preliminary evaluation results, clinical (or other professional association) guidelines, findings from focus groups with community members, etc. You may describe your experience either with the population(s) of focus or in managing similar programs. Information in support of your proposed practice needs to be sufficient to demonstrate the appropriateness of your practice to the individuals reviewing your application.

- 1. Document the EBP(s) you have chosen is appropriate for the outcomes you want to achieve.
- 2. Explain how the practice you have chosen meets SAMHSA's goals for this grant program.
- 3. Describe any modifications/adaptations you will need to make to your proposed practice(s) to meet the goals of your project and why you believe the changes will improve the outcomes. We expect that you will implement your evidence-based service(s)/practice(s) in a way that is as close as possible to the original service(s)/practice(s). However, SAMHSA understands that you may need to make minor changes to the service(s)/practice(s) to meet the needs of your population(s) of focus or your program, or to allow you to use resources more efficiently. You must describe any changes to the proposed service(s)/practice(s) that you believe are necessary for these purposes. You may describe your own experience either with the population(s) of focus or in managing similar programs. However, you will need to convince the people reviewing your application that the changes you propose are justified.
- 4. Explain why you chose this EBP over other evidence-based practices.
- 5. If applicable, justify the use of multiple EBPs. Discuss how the use of multiple EBPs will be integrated into the program. Describe how the effectiveness of each evidence-based practice will be quantified in the performance assessment of the project.

6. Discuss training needs or plans for training to successfully implement the proposed evidence-based practice(s).

Resources for Evidence-Based Practices (EBPs):

You will find information on EBPs at http://store.samhsa.gov/resources/term/Evidence-Based-Practice-Resource-Library. SAMHSA has developed this website to provide a simple and direct connection to websites with information about evidence-based interventions to prevent and/or treat mental and substance use disorders. The Resource Library provides a short description and a link to dozens of websites with relevant EBPs information – either specific interventions or comprehensive reviews of research findings.

In addition to the website noted above, you may provide information on research studies to show that the services/practices you plan to implement are evidence-based. This information is usually published in research journals, including those that focus on minority populations. If this type of information is not available, you may provide information from other sources, such as unpublished studies or documents describing formal consensus among recognized experts.

[Note: Please see PART II: Appendix C – Standard Funding Restrictions, regarding allowable costs for EBPs.]

Appendix B – Statement of Assurance

As the authorized representative of [insert name of applicant organization], I assure SAMHSA that
all participating partner agencies listed in this application meet the two-year experience requirement and applicable licensing, accreditation, and certification requirements. If this application is within the funding range for a grant award, we will provide the SAMHSA Government Project Officer (GPO) with the following documents. I understand that if this documentation is not received by the GPO within the specified timeframe, the application will be removed from consideration for an award and the funds will be provided to another applicant meeting these requirements.
 Official documentation that all mental health/substance abuse treatment provide organizations participating in the project have been providing relevant services for a minimum of two years prior to the date of the application in the area(s) in which services are to be provided. Official documents must definitively establish that the organization has provided relevant services for the last two years; and
 Official documentation that all mental health/substance abuse treatment provide organizations: 1) comply with all local (city, county) and state requirements for licensing, accreditation and certification; OR 2) official documentation from the appropriate agency of the applicable state, county, or other governmental unit that licensing, accreditation, and certification requirements do not exist.⁴ (Official documentation is a copy of each service provider organization's license, accreditation, and certification. Documentation of accreditation will not be accepted in lieu of an organization's license. A statement by, or letter from, the applicant organization or from a provider organization attesting to compliance with licensing, accreditation, and certification or that no licensing, accreditation, certification requirements exist does not constitute adequate documentation.) For tribes and tribal organizations only, official documentation that all
 For tribes and tribal organizations only, official documentation that all participating mental health/substance abuse treatment provider organizations: 1 comply with all applicable tribal requirements for licensing, accreditation, and certification; OR 2) documentation from the tribe or other tribal governmental uni that licensing, accreditation, and certification requirements do not exist.
Signature of Authorized Representative Date

⁴ Tribes and tribal organizations are exempt from these requirements.

Appendix C – Confidentiality and SAMHSA Participant Protection/Human Subjects Guidelines

Confidentiality and Participant Protection:

Because of the confidential nature of the work in which many SAMHSA grantees are involved, it is important to have safeguards protecting individuals from risks associated with their participation in SAMHSA projects. All applicants (including those who plan to obtain IRB approval) must address the seven elements below. Be sure to discuss these elements as they pertain to on-line counseling (i.e., telehealth) if they are applicable to your program. If some are not applicable or relevant to the proposed project, simply state that they are not applicable and indicate why. In addition to addressing these seven elements, read the section that follows entitled "Protection of Human Subjects Regulations" to determine if the regulations may apply to your project. If so, you are required to describe the process you will follow for obtaining Institutional Review Board (IRB) approval. While we encourage you to keep your responses brief, there are no page limits for this section and no points will be assigned by the Review Committee. Problems with confidentiality, participant protection, and the protection of human subjects identified during peer review of the application must be resolved prior to funding.

1. Protect Clients and Staff from Potential Risks

- Identify and describe any foreseeable physical, medical, psychological, social and legal risks or potential adverse effects as a result of the project itself or any data collection activity.
- Describe the procedures you will follow to minimize or protect participants against potential risks, including risks to confidentiality.
- Identify plans to provide guidance and assistance in the event there are adverse effects to participants.
- Where appropriate, describe alternative treatments and procedures that may be beneficial to the participants. If you choose not to use these other beneficial treatments, provide the reasons for not using them.

2. Fair Selection of Participants

 Describe the population(s) of focus for the proposed project. Include age, gender, and racial/ethnic background and note if the population includes homeless youth, foster children, children of substance abusers, pregnant women or other targeted groups.

- Explain the reasons for including groups of pregnant women, children, people with mental disabilities, people in institutions, prisoners and individuals who are likely to be particularly vulnerable to HIV/AIDS.
- Explain the reasons for including or excluding participants.
- Explain how you will recruit and select participants. Identify who will select participants.

3. Absence of Coercion

- Explain if participation in the project is voluntary or required. Identify possible reasons why participation is required, for example, court orders requiring people to participate in a program.
- If you plan to compensate participants, state how participants will be awarded incentives (e.g., money, gifts, etc.). Provide justification that the use of incentives is appropriate, judicious and conservative and that incentives do not provide an "undue inducement" which removes the voluntary nature of participation. Incentives should be the minimum amount necessary to meet the programmatic and performance assessment goals of the grant. Applicants should determine the minimum amount that is proven effective by consulting with existing local programs and reviewing the relevant literature. In no case may the value if an incentive paid for with SAMHSA discretionary grant funds exceed \$30.
- State how volunteer participants will be told that they may receive services intervention even if they do not participate in or complete the data collection component of the project.

4. Data Collection

- Identify from whom you will collect data (e.g., from participants themselves, family members, teachers, others). Describe the data collection procedures and specify the sources for obtaining data (e.g., school records, interviews, psychological assessments, questionnaires, observation or other sources). Where data are to be collected through observational techniques, questionnaires, interviews, or other direct means, describe the data collection setting.
- Identify what type of specimens (e.g., urine, blood) will be used, if any. State if
 the material will be used just for evaluation or if other use(s) will be made.
 Also, if needed, describe how the material will be monitored to ensure the
 safety of participants.

• Provide in **Attachment 2**, "Data Collection Instruments/Interview Protocols," copies of all available data collection instruments and interview protocols that you plan to use (unless you are providing the web link to the instrument(s)/protocol(s)).

5. Privacy and Confidentiality

• Explain how you will ensure privacy and confidentiality. Include who will collect data and how it will be collected.

Describe:

- How you will use data collection instruments.
- Where data will be stored.
- Who will or will not have access to information.
- How the identity of participants will be kept private, for example, through the use of a coding system on data records, limiting access to records, or storing identifiers separately from data.

NOTE: If applicable, grantees must agree to maintain the confidentiality of alcohol and drug abuse client records according to the provisions of **Title 42 of the Code of Federal Regulations**, **Part II**.

6. Adequate Consent Procedures

• List what information will be given to people who participate in the project. Include the type and purpose of their participation. Identify the data that will be collected, how the data will be used and how you will keep the data private.

State:

- Whether or not their participation is voluntary.
- Their right to leave the project at any time without problems.
- Possible risks from participation in the project.
- Plans to protect clients from these risks.
- Explain how you will obtain consent for youth, the elderly, people with limited reading skills, and people who do not use English as their first language.

NOTE: If the project poses potential physical, medical, psychological, legal, social or other risks, you **must** obtain written informed consent.

- Indicate if you will obtain informed consent from participants or assent from minors along with consent from their parents or legal guardians. Describe how the consent will be documented. For example: Will you read the consent forms? Will you ask prospective participants questions to be sure they understand the forms? Will you give them copies of what they sign?
- Include, as appropriate, sample consent forms that provide for: (1) informed consent for participation in service intervention; (2) informed consent for participation in the data collection component of the project; and (3) informed consent for the exchange (releasing or requesting) of confidential information. The sample forms must be included in **Attachment 3**, "Sample Consent Forms", of your application. If needed, give English translations.

NOTE: Never imply that the participant waives or appears to waive any legal rights, may not end involvement with the project, or releases your project or its agents from liability for negligence.

- Describe if separate consents will be obtained for different stages or parts of the project. For example, will they be needed for both participant protection in treatment intervention and for the collection and use of data?
- Additionally, if other consents (e.g., consents to release information to others or gather information from others) will be used in your project, provide a description of the consents. Will individuals who do not consent to having individually identifiable data collected for evaluation purposes be allowed to participate in the project?

7. Risk/Benefit Discussion

 Discuss why the risks are reasonable compared to expected benefits and importance of the knowledge from the project.

Protection of Human Subjects Regulations

SAMHSA expects that most grantees funded under this announcement will not have to comply with the Protection of Human Subjects Regulations (45 CFR 46), which requires Institutional Review Board (IRB) approval. However, in some instances, the applicant's proposed performance assessment design may meet the regulation's criteria for research involving human subjects.

In addition to the elements above, applicants whose projects must comply with the Human Subjects Regulations must fully describe the process for obtaining IRB approval. While IRB approval is not required at the time of grant award, these grantees will be required, as a condition of award, to provide documentation that an Assurance of Compliance is on file with the Office for Human Research Protections (OHRP). IRB approval must be received in these cases prior to enrolling participants in the project.

General information about Human Subjects Regulations can be obtained through OHRP at http://www.hhs.gov/ohrp or (240) 453-6900. SAMHSA–specific questions should be directed to the program contact listed in Section VII of this announcement.

Appendix D – Sample Budget and Justification (no match required)

THIS IS AN ILLUSTRATION OF A SAMPLE DETAILED BUDGET AND NARRATIVE JUSTIFICATION WITH GUIDANCE FOR COMPLETING SF-424A: SECTION B FOR THE BUDGET PERIOD

A. Personnel: Provide employee(s) (including names for each identified position) of the applicant/recipient organization, including in-kind costs for those positions whose work is tied to the grant project.

FEDERAL REQUEST

Position	Name	Annual Salary/Rate	Level of Effort	Cost
(1) Project Director	John Doe	\$64,890	10%	\$6,489
(2) Grant Coordinator	To be selected	\$46,276	100%	\$46,276
(3) Clinical Director	Jane Doe	In-kind cost	20%	0
			TOTAL	\$52,765

JUSTIFICATION: Describe the role and responsibilities of each position.

- (1) The Project Director will provide daily oversight of the grant and will be considered key staff.
- (2) The Coordinator will coordinate project services and project activities, including training, communication and information dissemination.
- (3) The Clinical Director will provide necessary medical direction and guidance to staff for 540 clients served under this project.

Key staff positions require prior approval by SAMHSA after review of credentials of resume and job description.

FEDERAL REQUEST (enter in Section B column 1 line 6a of form S-424A) \$52,765

B. Fringe Benefits: List all components that make up the fringe benefits rate

FEDERAL REQUEST

Component	Rate	Wage	Cost
FICA	7.65%	\$52,765	\$4,037
Workers Compensation	2.5%	\$52,765	\$1,319
Insurance	10.5%	\$52,765	\$5,540
		TOTAL	\$10,896

JUSTIFICATION: Fringe reflects current rate for agency.

FEDERAL REQUEST (enter in Section B column 1 line 6b of form SF-424A) \$10,896

C. Travel: Explain need for all travel other than that required by this application. Applicants must use their own documented travel policies. If an organization does not have documented travel policies, the federal GSA rates must be used.

FEDERAL REQUEST

Purpose of Travel	Location	Item	Rate	Cost
(1) Grantee Conference	Washington, DC	Airfare	\$200/flight x 2 persons	\$400
		Hotel	\$180/night x 2 persons x 2 nights	\$720
		Per Diem (meals and incidentals)	\$46/day x 2 persons x 2 days	\$184
(2) Local travel		Mileage	3,000 miles@.38/mile	\$1,140
			TOTAL	\$2,444

JUSTIFICATION: Describe the purpose of travel and how costs were determined.

- (1) Two staff (Project Director and Evaluator) to attend mandatory grantee meeting in Washington, DC.
- (2) Local travel is needed to attend local meetings, project activities, and training events. Local travel rate is based on organization's policies/procedures for privately owned vehicle reimbursement rate. If policy does not have a rate use GSA.

FEDERAL REQUEST (enter in Section B column 1 line 6c of form SF-424A) \$2,444

D. Equipment: An article of tangible, nonexpendable, personal property having a useful life of more than one year and an acquisition cost of \$5,000 or more per unit (federal definition). Organizations should follow their documented capitalization policy thresholds.

FEDERAL REQUEST – (enter in Section B column 1 line 6d of form SF-424A) \$ 0

E. Supplies: Materials costing less than \$5,000 per unit (federal definition) and often having one-time use

FEDERAL REQUEST

Item(s)	Rate	Cost
General office supplies	\$50/mo. x 12 mo.	\$600
Postage	\$37/mo. x 8 mo.	\$296
Laptop Computer	\$900	\$900
Printer	\$300	\$300
Projector	\$900	\$900
Copies	8000 copies x .10/copy	\$800
	TOTAL	\$3,796

JUSTIFICATION: Describe the need and include an adequate justification of how each cost was estimated.

- (1) Office supplies, copies and postage are needed for general operation of the project.
- (2) The laptop computer and printer are needed for both project work and presentations for Project Director.

(3) The projector is needed for presentations and workshops. All costs were based on retail values at the time the application was written.

FEDERAL REQUEST - (enter in Section B column 1 line 6e of form SF-424A) \$ 3,796

F. Contract: A contractual arrangement to carry out a portion of the programmatic effort or for the acquisition of routine goods or services under the grant. Such arrangements may be in the form of consortium agreements or contracts. A consultant is an individual retained to provide professional advice or services for a fee. The applicant/grantee must establish written procurement policies and procedures that are consistently applied. All procurement transactions shall be conducted in a manner to provide to the maximum extent practical, open and free competition.

COSTS FOR CONTRACTS MUST BE BROKEN DOWN IN DETAIL AND A NARRATIVE JUSTIFICATION PROVIDED. IF APPLICABLE, NUMBERS OF CLIENTS SHOULD BE INCLUDED IN THE COSTS.

FEDERAL REQUEST

Name	Service	Rate	Other	Cost
(1) State Department of Human Services	Training	\$250/individual x 3 staff	5 days	\$750
(2) Treatment Services	1040 Clients	\$27/client per year		\$28,080

Name	Service	Rate	Other	Cost
(3) John Smith (Case Manager)	Treatment Client Services	1FTE @ \$27,000 + Fringe Benefits of \$6,750 = \$33,750	*Travel at 3,124 @ .50 per mile = \$1,562 *Training course \$175 *Supplies @ \$47.54 x 12 months or \$570 *Telephone @ \$60 x 12 months = \$720 *Indirect costs = \$9,390 (negotiated with contractor)	\$46,167
(4) Jane Smith	Evaluator	\$40 per hour x 225 hours	12 month period	\$9,000
(5) To Be Announced	Marketing Coordinator	Annual salary of \$30,000 x 10% level of effort		\$3,000
			TOTAL	\$86,997

JUSTIFICATION: Explain the need for each contractual agreement and how it relates to the overall project.

(1) Certified trainers are necessary to carry out the purpose of the statewide Consumer Network by providing recovery and wellness training, preparing consumer leaders statewide, and educating the public on mental health recovery.

- (2) Treatment services for clients to be served based on organizational history of expenses.
- (3) Case manager is vital to client services related to the program and outcomes.
- (4) Evaluator is provided by an experienced individual (Ph.D. level) with expertise in substance abuse, research and evaluation, is knowledgeable about the population of focus, and will report GPRA data.
- (5) Marketing Coordinator will develop a plan to include public education and outreach efforts to engage clients of the community about grantee activities, and provision of presentations at public meetings and community events to stakeholders, community civic organizations, churches, agencies, family groups and schools.

*Represents separate/distinct requested funds by cost category

FEDERAL REQUEST – (enter in Section B column 1 line 6f of form SF-424A) \$86,997

G. Construction: NOT ALLOWED – Leave Section B columns 1& 2 line 6g on SF-424A blank.

H. Other: Expenses not covered in any of the previous budget categories

FEDERAL REQUEST

Item	Rate	Cost
(1) Rent*	\$15/sq.ft x 700 sq. feet	\$10,500
(2) Telephone	\$100/mo. x 12 mo.	\$1,200
(3) Client Incentives	\$10/client follow up x 278 clients	\$2,780
(4) Brochures	.89/brochure X 1500 brochures	\$1,335
	TOTAL	\$15,815

JUSTIFICATION: Break down costs into cost/unit (e.g. cost/square foot). Explain the use of each item requested.

(1) Office space is included in the indirect cost rate agreement; however, if other rental costs for service site(s) are necessary for the project, they may be requested as a direct charge. The rent is calculated by square footage or FTE and reflects SAMHSA's fair share of the space.

*If rent is requested (direct or indirect), provide the name of the owner(s) of the space/facility. If anyone related to the project owns the building which is less than an arms length arrangement, provide cost of ownership/use allowance calculations. Additionally, the lease and floor plan (including common areas) are required for all projects allocating rent costs.

- (2) The monthly telephone costs reflect the percent of effort for the personnel listed in this application for the SAMHSA project only.
- (3) The \$10 incentive is provided to encourage attendance to meet program goals for 278 client follow-ups.
- (4) Brochures will be used at various community functions (health fairs and exhibits).

FEDERAL REQUEST – (enter in Section B column 1 line 6h of form SF-424A) \$15,815

Indirect Cost Rate: Indirect costs can be claimed if your organization has a negotiated indirect cost rate agreement. It is applied only to direct costs to the agency as allowed in the agreement. For information on applying for the indirect rate go to: https://rates.psc.gov/fms/dca/map1.html. Effective with 45 CFR 75.414(f), any non-federal entity that has never received a negotiated indirect cost rate, except for those non-federal entities described in Appendix VII part 75 (D)(1)(b), may elect to charge a de minimis rate of 10% of modified total direct costs (MTDC) which may be used indefinitely. If an organization has a federally approved rate of 10%, the approved rate would prevail.

FEDERAL REQUEST (enter in Section B column 1 line 6j of form SF-424A)

8% of personnel and fringe (.08 x \$63,661)

\$5,093

TOTAL DIRECT CHARGES:

FEDERAL REQUEST – (enter in Section B column 1 line 6i of form SF-424A) \$172,713

INDIRECT CHARGES:

FEDERAL REQUEST – (enter in Section B column 1 line 6j of form SF-424A) \$5,093

TOTAL: (sum of 6i and 6j)

FEDERAL REQUEST – (enter in Section B column 1 line 6k of form SF-424A) **\$177,806**

Provide the total proposed project period and federal funding as follows:

Proposed Project Period

a. Start Date: 09/30/2012

b. End Date: 09/29/2017

BUDGET SUMMARY (should include future years and projected total)

Category	Year 1	Year 2*	Year 3*	Year 4*	Year 5*	Total Project Costs
Personnel	\$52,765	\$54,348	\$55,978	\$57,658	\$59,387	\$280,136
Fringe	\$10,896	\$11,223	\$11,559	\$11,906	\$12,263	\$57,847
Travel	\$2,444	\$2,444	\$2,444	\$2,444	\$2,444	\$12,220
Equipment	0	0	0	0	0	0
Supplies	\$3,796	\$3,796	\$3,796	\$3,796	\$3,796	\$18,980
Contractual	\$86,997	\$86,997	\$86,997	\$86,997	\$86,997	\$434,985
Other	\$15,815	\$13,752	\$11,629	\$9,440	\$7,187	\$57,823
Total Direct Charges	\$172,713	\$172,560	\$172,403	\$172,241	\$172,074	\$861,991
Indirect Charges	\$5,093	\$5,246	\$5,403	\$5,565	\$5,732	\$27,039
Total Project Costs	\$177,806	\$177,806	\$177,806	\$177,806	\$177,806	\$889,030

TOTAL PROJECT COSTS: Sum of Total Direct Costs and Indirect Costs

FEDERAL REQUEST (enter in Section B column 1 line 6k of form SF-424A) \$889,030

*FOR REQUESTED FUTURE YEARS:

- 1. Please justify and explain any changes to the budget that differs from the reflected amounts reported in the 01 Year Budget Summary.
- 2. If a cost of living adjustment (COLA) is included in future years, provide your organization's personnel policy and procedures that state all employees within the organization will receive a COLA.

IN THIS SECTION, REFLECT OTHER FEDERAL AND NON-FEDERAL SOURCES OF FUNDING BY DOLLAR AMOUNT AND NAME OF FUNDER e.g., Applicant, State, Local, Other, Program Income, etc.

Other support is defined as funds or resources, whether federal, non-federal or institutional, in direct support of activities through fellowships, gifts, prizes, in-kind contributions or non-federal means. [Note: Please see PART II: Appendix C – Standard Funding Restrictions, regarding allowable costs.]

IN THIS SECTION, include a narrative and separate budget for each year of the grant that shows the percent of the total grant award that will be used for data collection, performance measurement and performance assessment. **Be sure the budget reflects the funding restrictions in Section IV-5**.

Infrastructure Development	Year 1	Year 2	Year 3	Year 4	Year 5	Total Infra- structure Costs
Personnel	\$2,250	\$2,250	\$2,250	\$2,250	\$2,250	\$11,250
Fringe	\$558	\$558	\$558	\$558	\$558	\$2,790
Travel	0	0	0	0	0	0
Equipment	\$15,000	0	0	0	0	\$15,000
Supplies	\$1,575	\$1,575	\$1,575	\$1,575	\$1,575	\$7,875
Contractual	\$5,000	\$5,000	\$5,000	\$5,000	\$5,000	\$25,000
Other	\$1,617	\$2,375	\$2,375	\$2,375	\$2,375	\$11,117
Total Direct Charges	\$6,000	\$11,758	\$11,758	\$11,758	\$11,758	\$53,072
Indirect	\$750	\$750	\$750	\$750	\$750	\$3,750

Infrastructure Development	Year 1	Year 2	Year 3	Year 4	Year 5	Total Infra- structure Costs
Charges						
Total Infrastructure Costs	\$6750	\$12,508	\$12,508	\$12,508	\$12,508	\$56,782

Data Collection & Performance Measurement	Year 1	Year 2	Year 3	Year 4	Year 5	Total Data Collection & Performance Measurement
						Costs
Personnel	\$6,700	\$6,700	\$6,700	\$6,700	\$6,700	\$33,500
Fringe	\$2,400	\$2,400	\$2,400	\$2,400	\$2,400	\$12,000
Travel	\$100	\$100	\$100	\$100	\$100	\$500
Equipment	0	0	0	0	0	0
Supplies	\$750	\$750	\$750	\$750	\$750	\$3,750
Contractual	\$24,950	\$24,950	\$24,950	\$24,950	\$24,950	\$124,750
Other	0	0	0	0	0	0
Total Direct Charges	\$34,300	\$34,300	\$34,300	\$34,300	\$34,300	\$171,500
Indirect Charges	\$698	\$698	\$698	\$698	\$698	\$3,490
Data Collection & Performance Measurement	\$34,900	\$34,900	\$34,900	\$34,900	\$34,900	\$174,500